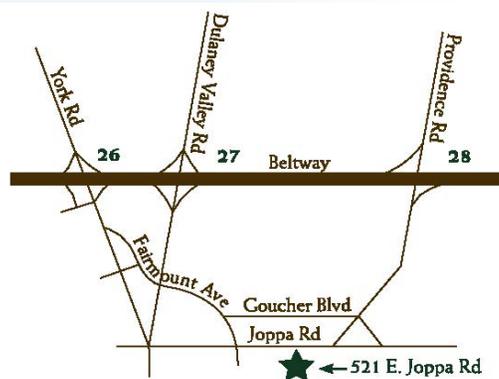


The Towson Center for Dental Implants and Periodontics

Your doctor recommends The Towson Center for Dental Implants and Periodontics because they know your overall health will be improved by specialized dental care. The periodontists of TDCIP provide many different types of non-surgical and surgical procedures, including the most current implant techniques to meet the periodontal needs of our patients.

Our state-of-the-art LANAP® PerioLase Laser allows us to eliminate diseased gum tissue without sutures and jumpstart the healing process.

With prompt treatment, proper care and regular dental visits, the majority of patients can retain their teeth for a lifetime. Visit us online or call 410-321-9477 to schedule a consultation today.



The Towson Center For Dental Implants & Periodontics

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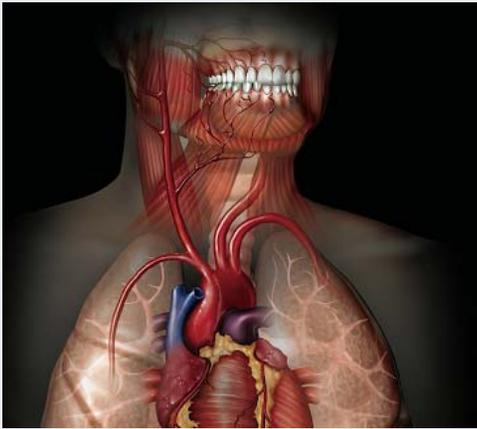
Brochure information compiled by TCDIP.
Sources: American Academy of Periodontology, American Heart Association, American Dental Association

Cardiovascular Disease & Dental Health

What You Need to Know Now



A Better Choice™
every step of the way



Cardiovascular Disease & Your Mouth

Periodontal disease and cardiovascular disease are both considered chronic inflammatory conditions. Inflammation is the body's instinctive reaction to fight off infection. Inflammation is initially good for your body because it helps in the healing process. However, chronic and prolonged inflammation can lead to severe health complications.

Researchers believe inflammation provides the basis for the connection between gum disease and heart disease (rheumatoid arthritis, impotence and diabetes may also be connected). While research has shown no causal relationship, cardiovascular disease patients (CVD) are three to four times more likely to develop periodontal disease than non CVD patients.

What is Periodontal Disease?

Periodontal disease is an inflammatory response to a bacterial infection that, if left untreated, may cause damage to the tissues and bone surrounding the teeth and may even lead to tooth loss. Cardiac patients with diabetes tend to have more severe levels of bone loss, and often experience more aggressive disease activity. Tooth loss can make chewing and digesting food difficult. For people with CVD, tooth loss can have a devastating impact on the ability to maintain proper nutrition, thus increasing dependency on cholesterol and blood pressure medications.

Communication is Key!

You might be surprised when your periodontist now asks even more questions about your medical history, especially questions about your family history of heart disease and any behaviors that may affect your heart health such as smoking. Your cardiologist may start to ask you about your dental history. These new recommendations are intended to help periodontists and cardiologists better manage your risk factors for future disease progression, and ensure your wellbeing. It is also important to let your dentist know what medications you take for CVD. Your cardiologist may recommend an antibiotic before a dental appointment.

By working together with your periodontist to ensure healthy teeth and gums, you can help to ensure a healthy heart for life.

If one doesn't cause the other, why do I need to care?

Many studies have detailed similarities between CVD patients and patients in treatment for periodontal disease. The similarities in apparent risk & contributing factors are striking.

- Diabetic status
- Smoking
- Elevated Cholesterol
- Elevated Blood Pressure
- Advancing age
- Race/Ethnicity
- Poor diet

If you know someone that has not been diagnosed as having CVD, but has two or more of these risk factors, the American Dental Association recommends they have a periodontal exam.

