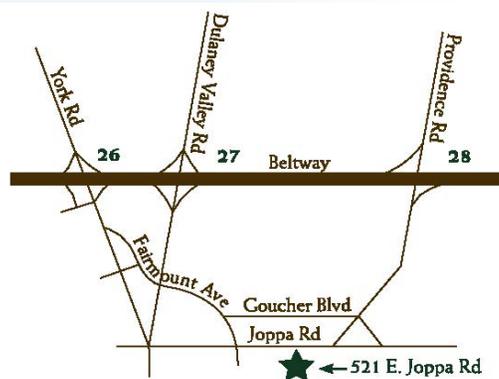


The Towson Center for Dental Implants and Periodontics

Your doctor recommends The Towson Center for Dental Implants and Periodontics because they know your overall health will be improved by specialized dental care. The periodontists of TDCIP provide many different types of non-surgical and surgical procedures, including the most current implant techniques to meet the periodontal needs of our patients.

Our state-of-the-art LANAP® PeriLase Laser allows us to eliminate diseased gum tissue without sutures and jumpstart the healing process.

With prompt treatment, proper care and regular dental visits, the majority of patients can retain their teeth for a lifetime. Visit us online or call 410-321-9477 to schedule a consultation today.



The Towson Center For Dental Implants & Periodontics

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Brochure information compiled by TCDIP.
Sources: American Academy of Periodontology, American Heart Association, American Dental Association

Men's Health & Oral Care

What You Need to Know Now



A Better Choice™
every step the way



4 Reasons Men Should be Concerned About Oral Care

Ask any well-rounded physician or dentist and they'll tell you, Your mouth isn't just the gateway to your stomach, it is the highway to health. Just as what you put into it feeds your appetite, what grows inside the mouth can travel to other parts of your body. Infections in the oral cavity are now linked to many conditions men face.

Prostate-Specific Antigen (PSA): Men with indicators of periodontal disease as well as inflammation of the prostate have higher levels of PSA than men with only one of these conditions. A study by Case Western Reserve University showed treatment for active periodontal disease can lower PSA levels.

Heart Disease: Having periodontal disease may increase your risk of cardiovascular disease (CVD). Researchers believe that bacteria causing inflammation travel through the bloodstream via the gums.

Impotence: Much like CVD, researchers believe that prolonged chronic inflammation can damage blood vessels through the body, playing a role in impotence. Self confidence in a smile has also been shown to trigger a subliminal negative penile response.

Cancer: "The Lancet" oncology publication says that men with a history of gum disease are 14% more likely to develop cancer than men with healthy gums. The study ranked kidney, pancreatic and blood cancers.

What is Periodontal Disease?

Periodontal disease is an inflammatory response to a bacterial infection that, if left untreated, may cause damage to the tissues and bone surrounding the teeth and may even lead to tooth loss. Cardiac patients with diabetes tend to have more severe levels of bone loss, and often experience more aggressive disease activity. Tooth loss can make chewing and digesting food difficult. The Centers for Disease Control and Prevention estimate that over 64 million Americans, about half of the US population, have periodontal disease. Of that, 56% percent are men.

What are the symptoms?

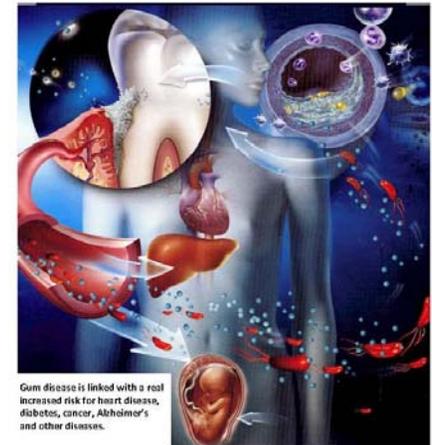
Periodontal disease shows itself in several ways.

- Red, swollen or tender gums/pain in the mouth
- Bleeding while brushing, flossing or eating
- Gums that are pulling away from the teeth (making them appear longer than before)
- Loose or separating teeth
- Pus between gums and teeth
- Persistent bad breath

Communication is Key!

You might be surprised when your periodontist now asks even more questions about your medical history, especially questions about your family history of heart disease and any behaviors that may affect your heart health such as smoking. Your cardiologist may start to ask you about your dental history. These new recommendations are intended to help periodontists and cardiologists better manage your risk factors for future disease progression, and ensure your wellbeing. It is also important to let your dentist know what medications you take for CVD. Your cardiologist may recommend an antibiotic before a dental appointment.

Hopefully by working together with your periodontist to ensure healthy teeth and gums, you will also ensure a healthy heart for life.



Gum disease is linked with a real increased risk for heart disease, diabetes, cancer, Alzheimer's and other diseases.

Partnering with us to keep oral inflammation to a minimum over your lifetime will reduce your risk for the more serious chronic diseases of aging.