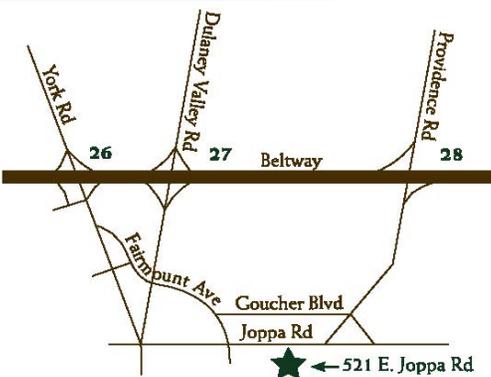


The Towson Center for Dental Implants and Periodontics

Your doctor recommends The Towson Center for Dental Implants and Periodontics because they know your overall health will be improved by specialized dental care. The periodontists of TCDIP provide many different types of non-surgical and surgical procedures, including the most current implant techniques to meet the periodontal needs of our patients.

Our state-of-the-art LANAP® PeriLase Laser allows us to eliminate diseased gum tissue without sutures and jumpstart the healing process.

With prompt treatment, proper care and regular dental visits, the majority of patients can retain their teeth for a lifetime. Visit us online or call 410-321-9477 to schedule a consultation today.



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Brochure information compiled by TCDIP,
sources: American Academy of Periodontology and the
American Academy of Pediatric Dentistry

Pregnancy & Periodontal Disease

What You Need to Know Now



*A Better Choice™,
every step of the way*



Pregnancy & Your Mouth

A 2013 study by the American College of Obstetricians and Gynecologists' noted that 35 percent of all women say they haven't seen a dentist in the past year and about 40 percent of pregnant women in the United States have cavities or gum disease. Physical changes caused by pregnancy can cause changes in teeth and gums.

Pregnant women who experience periodontal disease during their pregnancies may be twice as likely to develop preeclampsia and deliver low birth-weight babies. Simply put, gum disease can put you and your baby at risk for severe complications.

“But what about the x-rays?”

Dental X-rays are sometimes necessary if you suffer a dental emergency or need a dental problem diagnosed. Your dentist or hygienist will cover you with a leaded apron that minimizes exposure to the abdomen. Your dental office will also whenever possible cover your throat with a leaded thyroid collar to protect the thyroid from radiation. In most cases, the benefits outweigh the risk when safety measures are taken.

What is Periodontal Disease?

Periodontal disease is an inflammatory response to a bacterial infection that, if left untreated, may cause damage to the tissues and bone surrounding the teeth and may even lead to tooth loss. During pregnancy, some women notice swelling, bleeding, redness, or tenderness in the gum tissue. While this is likely hormonal, these symptoms still need addressed. In some cases, gums swollen by pregnancy gingivitis can react strongly to local irritants and form a large lump. These growths, called pregnancy tumors, are not cancerous and are generally painless. A healthy mouth can help give you, and your baby, something to smile about!



Did you have infertility treatments?

Researchers have found that women undergoing infertility treatment and who are subjected to ovulation induction for more than three menstrual cycles had higher levels of gingival inflammation and bleeding. More studies are needed to examine the impact of infertility treatments on periodontal health. Until more information is known, meticulous at-home oral care including routine tooth brushing and flossing and regular cleanings by a dental professional are a best bet!

Oral Health Conditions & Pregnancy

Pregnancy Gingivitis	Inflammatory response to plaque causes swelling & bleeding of the gums. Try saltwater rinse to calm irritation.
Gingival Lesions (aka Pregnancy Tumors)	Hardened bumps may appear on the gums in the front of the mouth. Many are benign, some more painful lesions may need removed.
Tooth mobility	Ligaments and bone that support teeth may loosen. There is normally no tooth loss associated with this condition.
Tooth erosion	Erosion of tooth enamel may be more common because acids from vomiting/reflux. Rinse with baking soda & water mix.
Dental Caries (Cavities)	Due to increased acidity and intake of snacks from cravings. Brush gently after each meal and snack, swish with water at a minimum.